

Orange Belt

Attack	Escape	Throw
Katate-tori	Irimi 1	Shiho-nage
Mune-tsuki	Tenkan 1	Kote-gaeshi
Straight kick	Irimi 1	Kokyu-nage
Kata-tori	Corner Step	Kaiten-nage
Katate-kosatori	Step back	Ikkyo
Ryote-tori	Tenkan 2	Nikyo (finish to knee)

Knife

Yokomen-uchi	Tenkan 2	Tenchi-nage
--------------	----------	-------------

Kata

Jo vs bokken No. 1

Randori

Two classical attacks	Any escape	Kokyu-nage
Two classical attacks	Any escape	Tenchi-nage

All attacks on the move.

Shape Three with Anchors and Alignment.

Requirements for all gradings:

Minimum six months of regular practice since last grading, good time-keeping and discipline.

Your regular instructor's permission to grade

Ki grading must be passed before the aikido tests can be taken

Attacks

Katate-kosatori... cross-hand grab to defender's wrist

Ryote-tori... one hand to each wrist