

Yellow Belt

Attack	Escape	Throw
Katate-tori	Irimi 1	Shiho-nage
Shomen-uchi	Tenkan 1	Kote-gaeshi
Mune-tsuki	Irimi 1	Kokyu-nage
Yokomen-uchi	Tenkan 1	Tenchi-nage
Kata-tori	Irimi 1	Kaiten-nage
Katate-kosatori	Tenkan 1	Ikkyo

Applied (self defence)

Straight kick	Irimi 1	Kokyu-nage
Two-hand strangle	Step back	<i>Any defence</i>
Pull hair	Step back	Kote-gaeshi

Knife techniques

Shomen-uchi	Irimi 1	Kote-gaeshi
Mune-tsuki	Tenkan 1	Kokyu-nage

Randori

Two classical attacks	Any escape	Kokyu-nage
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Demonstrate good Shape One with Anchors and Alignment

Requirements:

Minimum six months of regular practice, good time-keeping and discipline.
Your regular instructor's permission to grade
Your membership/grading card must be handed to the examiner before the grading
Ki grading must be passed before the aikido tests can be taken

Attacks

Katate-kosatori... attacker's left hand to grab defenders left wrist
Mune-tsuki... straight punch (narrow field attack)
Kata-tori... attacker's right hand to grab top of defender's sleeve
Katate-tori... attacker's right hand to grab defender's left wrist
Yokomen-uchi... roundhouse open/clenched hand strike to the side of the head (wide field attack)
Shomen-uchi... straight downward blow to the head (narrow field attack)